

Session 3

- Share a story from your life that got stirred up by talking about forgiveness & reconciliation. Leaving names out to protect those who are not so innocent in your mind.
- Identify someone you know you need to forgive in your mind.
- There will be people you can forgive, but it is not possible to safely reconcile with. This is tricky & is nuanced. Is there someone like this in your life? Again you don't need to share the person's name. But, think about what it would look like for you to forgive them. Do you think you could ever get to the point of wishing this person well? If so, what would that look like?
- When have you found yourself on the side of needing to ask for forgiveness?
- Who is someone you need to seek forgiveness from in your life now?
- Who is someone you desire to reconcile with?
- What does it feel like to be forgiven when you know you were wrong?
- Read Matthew 5:43-44 as a group. What emotions are stirred for you? Guilt? Resistance? Affirmation? Encouraged? Do you know why you are feeling this way?
- Even though seeking recognition or asking for forgiveness might be hard, what excites you about this idea?

- Without naming the person who you might consider an enemy right now describe how they might say you treat them? Does that thought shift anything inside you? When you think more about the other person does it stir any compassion in you for them?
- If you have been reading the words of Christ daily reading schedule how has it connected to this lesson for you?